

MTC GUIDELINES

- REVISED FEBRUARY, 2015 -



MANASOTA TRACK CLUB

ManasotaTrackClub.org

PREFACE

The following pages contain information that should be useful to officers and board members who recognize the fact the Manasota Track Club is a leader among running clubs. We arrived at this position by adhering to sound principles. Since the first formal meeting on May 6, 1975, we have found that certain procedures have worked, others have not. The guidelines set forth in this manual represent some of those that have worked. This is the stuff of tradition. Remember the Manasota Track Club is a volunteer organization and it exists primarily for its member athletes.

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TRADITIONAL CLUB EVENTS

January 1 MTC New Year's Siesta Beach Wall Run

January MTC Annual Meeting and Awards Banquet

Spring MTC Ultra 50K AND 25K

Spring MTC Family Picnic

June-August MTC Summer Beach Run Series

October MTC Bill's Beer Run

November MTC Thanksgiving Toy and Pie Run

TRADITIONAL CLUB PROGRAMS

MTC Scholarship Program

MTC Volunteer Recognition Program

MTC Racing Series

Support of Youth Running Programs

BY-LAWS OF MANASOTA TRACK CLUB, INC.

Revised by Board of Directors 11/3/03

Article 1. Identification

- 1.1 Name. The name of the Corporation is: MANASOTA TRACK CLUB, INC., hereafter referred to as the "Corporation".
- <u>1.2 Purpose.</u> The MANASOTA TRACK CLUB, INC is organized to promote the sport of running and track & field. The Corporation sanctions road races and track meets throughout the year. The Corporation also sponsors social and charitable events.
- <u>1.3 Address.</u> The official registered address of the Corporation is: Manasota Track Club, Inc. c/o Sharon Guy, 8586 Potter Park Dr., Sarasota, FL 34238.
- <u>1.4 Office.</u> The principal business office of the Corporation is: MTC, P.O. Box 5696, Sarasota, FL 34277.
- 1.5 Registered Agent. The name of the registered agent of the Corporation is: Sharon Guy
- <u>1.6 Seal.</u> The seal of the Corporation shall be round in shape and mounted in a hand press to render it suitable for impressing upon paper. Upon the uppermost periphery shall be the words "MANASOTA TRACK CLUB, INC." and upon the lower periphery the word "FLORIDA". In the center of the seal shall appear the words "CORPORATE SEAL".
- <u>1.7 Fiscal Year.</u> The fiscal year of the Corporation shall begin on the first day of April of each year and end on the last day of March in the following year.

Article 2. Members

- <u>2.1 Qualifications.</u> Any adult or minor with parental/guardian consent may become a member of the Corporation upon signifying their interest in the affairs of the Corporation, and having a desire to assist in its operation providing that such person is deemed qualified by the Board of Directors and, furthermore, membership shall be conditioned upon maintaining a current status regarding any dues levied by the Corporation.
- <u>2.2 Annual Meeting.</u> The annual meeting of the members shall occur in January of each year. Meetings shall occur at the principal offices of the Corporation or such other place, as the notice of such meeting shall designate.
- <u>2.3 Interim Meetings.</u> Interim meetings of the membership may be called by the President or the Vice President or by 10% of the general membership.
- <u>2.4 Notice of Meetings.</u> All meetings, whether annual or interim, shall be preceded by thirty days advance written notice. This notice shall be set forth in the track club newsletter.

Article 3. Officers.

- <u>3.1 Officers.</u> The officers of the Corporation shall be the President, the Vice President, the Secretary and Treasurer. All officers of the Corporation shall also be members of the Board of Directors.
- <u>3.2 Terms of office.</u> All officers shall be elected by a simple majority of the membership at the Annual Membership meeting. Their tenure is to be for a period of 12 months.
- <u>3.3 Nominations.</u> The nominees shall be selected by a nominating committee appointed by the President and shall consist of five Corporation members, including two former presidents and three members at large.

- 3.4 Removal from office. Any officer or director, elected or appointed, may be removed by the vote of 2/3 of the Board of Directors whenever in its judgment it is deemed that the best interests of the Corporation will be served thereby.
- <u>3.5 Vacancy.</u> A vacancy arising in any office, including director, due to death, resignation or other cause, shall be filled for the un-expired term by the President.
- <u>3.6 President.</u> The President shall preside at all meetings of the Board of Directors and shall discharge all duties devolving upon a presiding officer.
- <u>3.7 Vice President.</u> The Vice President shall generally assist and support the President. In the absence of the President, the Vice President shall preside over any regularly convened meeting of the Board of Directors. When so delegated by the President, the Vice President shall represent the President at any corporate function.
- <u>3.8 Secretary.</u> The Secretary shall attend all meetings of the Board of Directors and shall keep, or cause to be kept, a true record of all proceedings of such meetings and also of any special or standing committee meetings, and shall endeavor to discharge such other duties as the President may require.
- 3.9 Treasurer. The Treasurer shall keep complete and accurate records of account, which will show at all times the financial condition of the Corporation. The Treasurer shall have the custody of all monies including the general account and any special funds held in trust for specific uses of the Corporation in its field of interests.

Article 4. Board of Directors

- 4.1 Board of Directors. A Board of Directors consisting of not less than nine (9) members, including four (4) Officers, shall direct the business and general administration of the affairs and interests of the Corporation.
- 4.2 Qualifications. Among the qualifications of such persons as may be considered eligible for election to the office of Director shall be that they have a strong desire to assist in the work of the Corporation and strongly believe in its objectives and purposes.
- 4.3 Term of Office. All Directors shall be elected by a simple majority of the membership at the Annual Meeting. Their tenure is to be for a period of 12 months.
- <u>4.4 Nominations.</u> The nominees shall be selected by a nominating committee appointed by the President and shall consist of five Corporation members, including two former presidents and three members at large.
- 4.5 Annual Meeting. The Annual Meeting of the Board of Directors of the Corporation shall take place in January of each year. Meetings shall occur at the principal offices of the Corporation or such other place, as the notice of such meeting shall designate.
- <u>4.6 Interim Meetings.</u> Interim meetings may be called by the President, Vice President or by a majority of the Board of Directors.
- <u>4.7 Notice of Meetings.</u> All meetings, whether annual or interim, shall be preceded by thirty days advance notice. The agenda for the meeting and the specific topics to be discussed will be distributed.

- <u>4.8 Order of Business.</u> The arrangement of items on the agenda of either annual or interim meetings shall, as far as is practicable, conform to the following order:
- A. Proof of due notice of meeting
- B. Call of Roll.
- C. Reading and disposal of any unapproved minutes.
- D. Reports of officers, directors and committees.
- E. Old business.
- F. New business.
- G. Election of Officers
- H. Adjournment

The conduct of the meetings should conform to "Robert's Rule of Order."

4.9 Quorum. A majority of the number of Directors shall constitute a quorum, and an act of a majority of those present at a duly convened meeting of the Board of Directors shall be deemed to be an act of the Board of Directors, except as stated in Article 3.4 and Article 5.1.

Article 5. Amendments

- 5.1Amendments. The power to amend or rescind any article or section of these By-Laws is vested in the Board of Directors. Any change will require a unanimous less one affirmative vote by the entire Board of Directors at a duly convened meeting. Board Members not in attendance may vote by written proxy. The proposed changes shall be presented to the general membership in the two newsletters preceding the vote, and their views may be heard preceding the vote at two Board meetings, open to the general membership.
- 5.2 Challenges. Changes made by the Board of Directors to existing By-Laws may be challenged by the submission of a petition of 10% of the general membership. A special general meeting shall be called within 45 days of the request for redress. 10% of the membership shall constitute a quorum and a simple majority shall be required to reject the Board's decision.

JOHN TINGLE-AL PETZ MEMORIAL AWARD

The nominating committee, appointed by the president, shall consist of five members including the existing president, three previous recipients of the award, and one member at large. No individual, other than the president, shall serve more than two consecutive years, except that one other of the committee members should hold over to the next year to allow for continuity. The president will name that person.

This committee will meet on scheduled times throughout the year to determine who will be most deserving of the award.

Because this award has special significance, only members of MTC who have exhibited unique and outstanding performance in the activities of the club, and who have been outstanding and dedicated citizens possessing high community values should be considered. It is not necessarily awarded each year.

The nominee must:

- Be a member in good standing with at least five years previous membership. Be a present, or former officer or board member.
- Have worked in a position of newsletter editor, equipment manager, membership chairman or any capacity beneficial to the club.
- Be, or have been, a dedicated runner.
- Have previous involvement on committees and club projects.
- Be a frequent volunteer.

MTC LIFETIME MEMBERSHIP AWARD

At its discretion, the MTC board can grant Lifetime Membership status - which includes free club membership and newsletter - to any deserving club member. Factors to be considered are age of the nominee, along with exceptional service and impact to the club and our local community. Candidates for this award will be evaluated by the John Tingle-Al Petz nominating committee.

ADDITIONAL ANNUAL AWARDS

The nominating committee, appointed by the president, shall consist of two officers and three members at large.

Runner of the Year, Male and Female

The nominees must possess a sincere and genuine attitude toward the sport including the recreational values of running, show compassion and interest in fellow runners' efforts and qualities and recognize the value and importance of the Manasota Track Club and the community. It is not necessarily for the fastest or strongest.

Come Back Runner of the Year

The nominee must have recovered from an injury or illness, problems of a personal nature or other reasons related to absence from the club.

The Bill McKenzie "Unsung" Hero Award

The nominee must be a dedicated club member who quietly performs a task in an exceptional manner and who would not normally be recognized for this effort.

Volunteer of the Year award (categories)

Criteria for selection:

Consistent volunteer throughout the year and <u>years</u>
Many roles and tasks and levels of responsibility for the club
Quality and quantity of time and talent to be considered
Encourages and gets others to volunteer

GUIDELINES FOR RACE CONSULTANTS

The Manasota Track Club (MTC) provides technical assistance to sponsors who put on runs for good causes. Besides wanting to assist the good causes, the MTC wants to ensure the satisfaction of the runners. Therefore, it is important to impress upon the sponsors the need to follow certain procedures. The Race Consultant appointed by MTC must be firm in applying the MTC guidelines. It is the Consultant's responsibility to work with the Race Director, appointed by the sponsors, to see that the guidelines are followed. The Race Consultant must be assured well in advance of the event that the sponsors intend to follow our guide.

Some of the guidelines are mandatory and can be changed only with MTC approval. Others are optional, but must be agreed on well in advance.

The following is a list of procedures the race consultant should adhere to:

- 1. Coordinate with the MTC Vice President or President for race scheduling to avoid conflicts with other runs.
- 2. Present and review the Race Directors guidelines with the sponsor and two other people from the sponsor and/or the Race Director, as soon as the race is proposed by the sponsors. Review the race director activity schedule with the sponsor and race director.
- 3. Agree with the Race Director on those items that are optional while insisting on adherence to those that are mandatory.
- 4. Be sure the Race Director is aware of the timing for advance planning such as when to put flyers in the newsletter, etc. Review with the Race Director the necessary information required on the flyer including the proper wording for the disclaimer on the race registration and the logos of the MTC, USATF, and RRCA. Place flyers two to three months in advance of the event. Use MTC's Bill's Beer Run flyer as guide for information and logos.

- 5. Set up a schedule for reviewing the planning procedures as the event time approaches. Meet in person at least twice to review schedules. Physically check out course by driving or walking course. Review with the Race Director the number of volunteers needed, exactly where they are needed and what times they are expected to be in position and how long they are expected to work. Try to encourage a meeting with all volunteers to discuss their jobs, places, and work time.
- 6. Periodically review the planning with the Race Director. Phone and follow up and obtain \$350 race management fee as soon as possible, if it appears the sponsors will comply with MTC guidelines. Fee must be paid 180 days prior to event.
- 7. Ensure accuracy of the course.
- 8. Critique the event with the Race Director following completion. Set a mandatory follow up meeting to critique the event and report to the Board results and ideas for improvements. Volunteer list should be included with the newsletter indicating name and job performed. This will communicate to the rest of the MTC membership who is helping and making races possible.
- 9. Get on MTC Board agenda for follow up report.
- Submit a list of MTC members volunteer hours for their work at the event to the MTC member in charge of tracking volunteer hours and awards.
- 11. Advise sponsors what dollars are needed to pay for shirts awards of several types, food, drinks, flyers, cups, water, advertising, etc. Estimate range of costs based on first race: typically up to \$5,700 depending on in kind donations. The race should be paid for by race day and then all runners' entry fees go to the charity. (Mandatory).

SAMPLE BUDGET FOR LOCAL RUNNING EVENT

Estimated Income			
\$10,000	Race entry fees (400 runners at \$25 each)		
+ 6,000	Local sponsorship (cash and non-cash)		
\$16,000	Total estimated income for a new event		

Est

stimated Expenses				
\$ 2,800				
600	Printing on T-shirts (400 x \$1.50 each)			
800	Post party (food, etc.)			
200	Beverages (water stops & post party)			
400	Sheriff details & traffic control			
500	Awards for the runners			
300	Port-a-johns (1 per 100 runners)			
+ 100	Road use permit			
\$ 5,700	Total estimated expenses for a new event			
\$16,000	Estimated Income			
	Estimated Expenses			
\$10,300	Estimated Proceeds Generated for Local Non-Profit			

GUIDELINES FOR RACE SPONSORS AND RACE DIRECTORS

The Manasota Track Club (MTC) is pleased to sanction various running events and provide the following guidelines and technical assistance to sponsors who wish to put on runs for good causes. It is expected, as a requirement of sanction, that the sponsoring organization will agree in advance to these guidelines. Any exceptions must be approved by the MTC Board of Directors.

- 1. Sponsor to pay a non-refundable management fee of \$350 180 days in advance. Race Director to turn in Race Reservation form and initial deposit before continuing with the MTC consulting process.
- 2. Sponsor and/or Race Director to assume total financial responsibility for all race expenses, and give MTC Board a financial summary after the event.

- 3. <u>Sponsor to pay all expenses</u>. <u>All entry fees from the runners to go to the charitable cause</u>. (<u>Mandatory</u>)
- 4. Sponsor to provide liability insurance provisions covering unusual circumstances as needed. Review additional or unusual insurance requirements with the MTC race consultant.
- 5. Sponsor to provide a Race Director and all recommended volunteers. The Race Director and/or Sponsor should develop a list of volunteers depending on the length and type of race. A beach run needs 10-15; a 5k road race needs 15-20; a 10k, 15k, or ½ marathon needs 20-30 depending upon the type of course, more if it's point to point, fewer if it's an out and back or loop.
- 6. MTC to provide a Race Consultant to work with the Race Director to ensure adherence to guidelines.
- 7. MTC to provide a race direction booklet. Some items are mandatory and can be changed only with MTC Board approval. They are so noted. Others are optional. All must be agreed on well in advance of the event.
- 8. MTC to provide race day team leader.

GUIDELINES FOR RACE DAY TEAM LEADER

- 1. Line up MTC volunteers for race day.
- 2. Drive MTC equipment van to the race site.
- 3. Set up the finish line and course as necessary.
- 4. Time the race.
- 5. Score the race using the index card system.
- 6. Assist Race Director with awards ceremony.
- 7. Return MTC van and equipment.
- 8. Type up race results and distribute (see note).
- 9. Turn in list of volunteers to MTC coordinator.

RACE DIRECTION GUIDE

- Race dates and route should be reserved well in advance to be sure of availability. A minimum of three months is needed to promote and market the event.
- 2. Approval of law enforcement agencies is sometimes necessary. Check with the Sheriff's Department or City Police Department as dictated by the course location and set up. They may need adequate time to give their approval. Plan accordingly.
- 3. Adequate toilet facilities must be provided (Mandatory). One toilet per 100 runners is required. Furnish adequate paper.
- 4. Course distances and routes can vary. Start and finish at the same place is recommended. Measurement must be done accurately (Mandatory). A calibrated bicycle method (USATF Standard) or measuring wheel or electronic survey method should be used on the exact path the runners will use, including tangents. An automobile odometer is not considered accurate enough for measuring running courses.
- 5. Suggested distances: 1 mile, 2 miles, 3K (1 mile + 4,562 feet), 5K (3 miles + 564 feet), 10K (6 miles + 1128 feet), 15K (9 miles + 1693 feet), 20K (12 miles + 2257 feet), 25K (15 miles + 2821 feet), 30K (18 miles + 3385 feet). Half marathon, (13 miles + 528 feet).
- 6. Starting times should be considered according to expected weather conditions.
- 7. It is recommended that races exceeding 500 runners use chip timing.
- 8 Fees should be consistent with benefits to the runners. Race day fees should be \$5-7 higher than pre-registration fees. This will encourage runners to pre-register. MTC members to receive a \$5 discount on all entry fees.

9. Age groups must be the same for male and female runners. It is recognized that some specialty runs may not lend themselves to ordinary age categories, but when they do, the following are suggested:

PRIME EVENT: MANDATORY AWARDS:

OVERALL - Overall male and female.

MASTER - Master male and female (Age 40 and over).

GRAND MASTER - Grand Master male and female (Age 50 and over).

SENIOR MASTER - Senior Masters Male and female (Age 60 and over)

VETERAN MASTER - Veteran Master Male and female (Age 70 and over).

Age groups: 9 and under, 10-12, 13-15, 16-19, 20-24, then 5 year groups as necessary. No age groups larger than 5 years are allowed. This is meant to include all individuals as high as 100+ or higher. (Mandatory).

Overall winners are not given age group awards.

Additional categories are encouraged such as those listed for prime events as well as walkers, heavy weights (Clydesdales & Athenas), etc.

- 10. The type and style of awards should be consistent with size and importance of the race and with the fees charged the runners. Awards must go to overall winners, master winners and all age group winners (Mandatory), and down six places in age groups (Mandatory).
- 11. Delivery and return of the equipment must be coordinated with the race day team leader and the equipment manager. Be sure to allow sufficient time for equipment to be charged and delivered to race site.
- 12. Delivery of the required number of flyers for inclusion in two MTC newsletters should be accomplished in time. Flyers are needed at the printer by the 15th of the month prior to the next month's newsletter. The contents of the flyer must be approved by the race consultant and must include the disclaimer and release paragraph as contained in section 16 below. Flyers should also be mailed to surrounding clubs.

- 13. Publications such as newspapers, running magazines, etc. should be notified with a flier and schedule information for insertion well in advance. The race consultant should approve all forms and can give suggestions on publications. Results should also be furnished to the publications.
- 14. Race results must be provided by the sponsor/race director on race day for purposes of giving awards, and complete results must also be furnished to the MTC for the newsletter and/or MTC website in an acceptable format within two days of the event. The race consultant can provide the format and guidance as to providing race day results as well as the format for the newsletter and website.
- 15. Local newspapers should get the award results hand delivered or electronically delivered on race day.
- 16. Water stations must be provided at the start, finish, and appropriate distances along the race course (Mandatory).
- 17. Medical facilities and safety should be considered. Notification of the nearest Emergency Medical station is recommended.

18. A release form must be signed by each runner before the event. Proper wording for the forms is contained below (Mandatory). The standard form wording is as follows:
I know that running a road, beach or trail race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants the effects of weather, including high heat and/or humidity, traffic and conditions of the road all such risks being known and appreciated by me. By signing this form, I agree that for safety reasons, strollers, baby joggers, bicycles, skates, and animals are not permitted in this event Having read the waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act or my behalf, waive and release the Manasota Track Club, Inc., its officers directors and agents, all sponsors, their representatives and successors including the Road Runners Club of America, its officers, directors agents and employees, and
(any entity or person needing to be covered by this release), from al claims and liabilities of any kind arising from my participation in this event, although that liability may arise out of negligence or carelessness on the part of the person named on this waiver.

Signature (Parent, if under 18 years old).

Date.

19. Race Day Procedures:

- A. Pre-registration and race day registration. Not all races require registration before the race. In some cases it is reasonable to merely have the runners check in after the run according to their age group or other category. However, when registration before the run is necessary, certain principles apply. Have lots of room and plenty of volunteer registrars so there is no congestion and waiting in line. Have runners fill out forms before they get to the age group check in station. Have plenty of pens or pencils and forms available and separate tables for those who have pre-registered for check in and those registering on race day. Have plenty of money for change.
- B. Starting line. Have starting line far enough from registration to avoid congestion. Start on time. Have starter give definitive instructions about the course and finish line procedures. Have clocks ready. Coordinate the clocks with course timers and finish line crew. Transportation for the course split timers must be ready. Line runners up according to abilities/expected pace. Consider danger to children, especially if they try to line up near the front. No strollers are allowed in competitive events.
- C. Mile markers must be in place. Try to have markers at the halfway point when using metric distances, as well as at the miles.
- D. Split timers should have stopwatches and instructions on their use. Transportation for the timers to the markers should be ready near the start line.
- E. Water stops should be strategically placed, with sufficient water, cups and servers.
- F. Traffic control. In addition to the necessary traffic control provided by professionals such as the Sheriff's Department, or City Police Department, volunteers must be strategically placed to ensure runners, especially the leaders and stragglers, are given directions as to the correct course to follow. Spectator control must also be considered.

- G. Finish Line. The finish chutes must be wide and long enough, and easily recognized by the runners. Plenty of room must be left from the finish line and the person handing out finish cards or sticks or tearing off race number tags. A back up person needs to be ready to replenish the sticks or cards, or to take the tags to the results table. Handlers should be ready to help runners stay in line in the order of their finish and to avoid congestion. They should also direct runners to the results tables to turn in their cards or sticks and to the post race area. People using the finish line timing and place devices should periodically correlate the number of finishers with the card or stick number.
- H. Post Race Sign In. Have plenty of room. If using cards, have pencils or pens and tables ready and away from the tables containing age group card boxes or finish sheets. Avoid congestion. Have plenty of people to collect cards or sign in finishers on sheets. The same tables from the registration area can be used.
- I. Awards distribution. An effort should be made to expedite awards. Announcers and distributors should be familiar with the runners names and age groups. When announcing the awards, vary the order of age groups occasionally, so the older runners aren't always last. It's best to use some type of Public Address system for announcing awards, especially if the group is large or there is competing noise or sound levels.
- J. Amenities. The awards, t-shirt, refreshments, etc., distribution should be separated from one another to avoid congestion. A separate team should be appointed to cover the various tasks, such as pre-registration, race day registration, food, drinks, t-shirts, awards, etc.
- K. <u>Remember, the main consideration should be for the runners</u> (Mandatory).

RACE DIRECTOR ACTIVITY SCHEDULE

Minimum planning time to put on a successful race!

Starting 7 months before the race:

Send out sponsor letters as needed. Decide how to recognize sponsors and what they get for their money.

Develop initial projected budget.

Start identifying team leaders and functions.

Start recruiting volunteers.

Pick race date. Check other race conflicts and availability of race course and sites.

Reserve any pavilion or spaces needed.

Start developing theme or concept of event.

6th Month:

Develop T-Shirt or other apparel design concept.

Develop draft race flyer.

Check deadlines for running magazines calendar inserts.

Continue recruiting sponsors and volunteers.

Start soliciting donations of goods and services. Decide how to recognize these donations.

Finalize event specifics and print flyer. Flyer must be reviewed and approved by MTC consultant and Vice President before publishing.

Contact chip timing company if using chip timing.

5th Month:

Finalize T-shirt or apparel design and plan lead time for final printing and delivery.

Plan awards and lead time for printing and delivery.

Start collecting sponsors' money and continue solicitation.

Continue solicitation of volunteers for both race day and pre-race activities.

Send race calendar information to running magazines.

180 Days in Advance:

Confirm MTC sanctioning and send application and fee of \$350. Check with MTC equipment manager for race needs.

4th Month:

Plan race flyer locations, including MTC newsletter, and pass out at upcoming races.

Print flyer and start distribution.

Start arranging for race day activities.

Team leader reports.

Check on insurance needs and submit applications for event as needed.

3rd Month:

Continue promoting, finding sponsors, and volunteers.

Team Leader reports.

Check on insurance application.

Start local promotion in newspaper, radio, TV, weeklies, etc.

Newsletter insert.

Finalize and confirm delivery of shipped items. (Shirts, awards, numbers, pins, packet stuffers, etc.)

2nd Month:

Check status of t-shirts printing and delivery, and awards delivery. Set date for packet stuffing party, as needed.

Final check of team leaders and any last minute needs.

Confirm delivery or pickup of rental equipment, supplies, food, drinks, tables, lights, water station supplies, etc.

Race Month:

Check all pre-registrations for entrant count and packets.

Plan food, water, drinks based on pre-registrations.

Decide on port-o-johns if race site doesn't have enough based on pre-registrations.

Day before race, buy food and drinks as needed.

Day of race, start early for setup.

Use race day checklist. Pray for good weather.

After Race:

Follow-up with team leaders on critique.

Make sure volunteers are recognized; they usually get a shirt, too.

Send race results to newspaper, MTC newsletter editor, and MTC webmaster within 24 hours.

Thank everyone who helped make it a success.

PAST PRESIDENTS

<u>YEAR</u>	NAME	<u>AGE</u>
1975-1980	Bill O'Brien	51-56
1981-1982	Walt Rothenbach	39-40
1983	Walter White	58
1984	Tom Depenbrock	53
1985	Leah McElroy	43
1986	Jerry Scott	40
1987	Bob Munz	47
1988	Harry Kleinman	65
1989	Tommy Dixon	54
1990	Mark Opitz	29
1991	Jim Purdy	36
1992	Andy Churma	59
1993-1994	Tom Bedford	46-47
1995	Kent Wiley	63
1996	Dave Siegwald	53
1997	Rico Hull	50
1998	Liz Roman	45
1999	JC Shenk	57
2000	Jeff Olson	38
2001	Patti Connors (Sarno)	39
2002-2003	Jim Julian	36-37
2004	Dave Burke	57
2005	Dan Gould-Jim Julian	61 & 39
2006	Dave Siegwald	63
2007-2008	Sharon Guy	47-48
2009-2010	Tom Flanagan	58-59
2011-2013	Patti Brustad	39-41
2014-present	Kimmy Collister-Sterns	48

PAST JOHN TINGLE-AL PETZ MEMORIAL AWARDS

1983	Jay Jaffe
1984	Walt Rothenbach
1985	Al Petz
1986	Tom Depenbrock
1987	Jerry Scott
1988	Walter White
1989	Joe Laverine
1990	Tommy Dixon
1991	Leah McElroy
1992	Rod Roberts
1993	JC Shenk
1994	Phil Blankenship
1995	Dave Siegwald
1996	Kent Wiley
1997	Hal Hedley
1998	Lynette Garrett
1999	Bill Hayman
2000	Tom Bedford
2001	Phyllis Siskel
2002	Dave Burke
2003	Liz Roman
2004	Holt Fisher
2005	Nancy Gentry
2006	Jim Julian
2007	Don Marshall
2008	Candace Yelton
2009	Guy Ealey
2010	Dan Pollock
2011	Tom and Nancy Flanagan
2012	Bob Parnes
2013	Patti Connors
2014	Sharon Guy

BILL'S BEER RUN RACE DIRECTORS

1989	Bill Menard
1990	Bill Menard
1991	Helene Brue
1992	Helene Brue
1993	Tom Bedford
1994	Tim Paradiso
1995	Kathy Ripley
1996	Kathy Ripley
1997	Tom Bedford
1998	Howard Kessler
1999	Tom Bedford
2000	Tom Bedford
2001	Jim Julian and Lynn Norring
2002	Lisa West and Nancy Downs
2003	Lisa West and Nancy Downs
2004	Lisa West and Nancy Downs
2005	Sheri Weinstein and Harriet van Elburg
2006	Jim Julian and Sharon Guy
2007	Nancy Flanagan and Tom Flanagan
2008	Dave Bertrand and Nancy Curtis
2009	Patti Brustad and Jen Robertson
2010	Patti Brustad and Nancy Flanagan
2011	Lindsay Groover and Nancy Taylor
2012	Lindsay Groover and Tom Flanagan
2013	Nancy Flanagan
2014	Liz Moneymaker and Mike Shaughness

LIFETIME MEMBERSHIP STATUS

Bill O'Brien at age 86

Walter White at age 85

Nat Heard at age 93

Barb Keddie at age 83

Don Marshall at age 82

Ray Grills at age 96

Walter Rothenback at age 68

Charlie Finocchiaro at age 81

Joe Shih at age 87

Bill Menard at age 62

Tom Depenbrock at age 82

Kent Wiley at age 81

Dave Siegwald at age 71