

PACKET PICK-UP

- Thursday, May 18, 2017: 4pm - 7pm at New Balance Sarasota
1872 Stickney Point Rd, Sarasota, FL
- Race Day: 6:45am - 7:30am

EVENT DAY INFORMATION: RACE STARTS at 8am sharp!

- Race will take place at Nathan Benderson Park, 5851 Nathan Benderson Circle, Sarasota, FL
- **PFDs are required SUP participants.**
- For those participating in the SUP & RUN 5K combination event, you will run first.

ENTRY FEES

Members of any Running or SUP club receive \$5 off the race entry fees

- 5K RUN: \$30
- 5K SUP (no board rental): \$30
- 5K SUP & RUN (no board rental): \$30
- 5K SUP (with board rental): \$75
- 5K SUP & RUN (with board rental): \$75

AWARDS & CASH PRIZES

The 5K Run is an Manasota Track Club (MTC) Sanctioned Race

- 5K RUN: Overall Male, Overall Female, Master, Grand Master, Senior Grand Master, Veteran and 6 Deep in each 5 Year Age Group
- 5K SUP: Overall Male & Overall Female, Men's Age Groups (18-49, 50-60 & 61+) and Women's Age Group (18-49, 50-60 & 61+)
- 5K SUP and 5K RUN: Overall Male, Overall Female, Master, Grand Master, Senior Grand Master, Veteran and 3 Deep in each 5 Year Age Group
- **\$100 CASH PRIZE FOR 1ST PLACE MALE/FEMALE IN 5K RUN and 5K SUP**
- **\$200 CASH PRIZE FOR 1ST PLACE OVERALL MALE & 1ST PLACE OVERALL FEMALE IN THE COMBINATION SUP & RUN EVENT**

Send entry form and make check payable to: Sarasota Athletic Association, Inc., 1568 Shadow Ridge Circle, Sarasota, FL 34240.

Name: _____ DOB: _____ Phone: _____

Street: _____ Club Member: Y / N

Email Address: _____

City: _____ State: _____ Zip: _____ Are you a Veteran: Y / N

Event You Are Participating In (*choose one*):



5K RUN



5K SUP



5K SUP & RUN

Do You Need a Paddleboard Rental? Y / N

Men's Size (*circle one*): S / M / L / XL / XXL

Women's Size (*circle one*): S / M / L / XL

Payment Type (*circle one*): Cash / Check / Credit or Debit

Total Due: \$ _____

Credit Card Number: _____ Expiration: _____ Security Code: _____ Billing Zip: _____

I know that running and paddling is a potentially hazardous activity. I should not participate unless I'm medically able & properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic conditions of the road, all such risks being known and appreciated by me. By signing this form, I agree that for safety reasons, strollers, baby joggers, bicycles, skates, and animals are not permitted in the race. Having read this waiver and knowing these facts and considerations of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive & release the Sarasota Athletic Association, Benderson Development, Nathan Benderson Park, Sarasota Aquatic and Nature Association, Sarasota County, Manatee County, its officers & agents, all sponsors, their representatives & successors, including the Road Runners Club of America, its officers & directors, agents & employees from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature of Athlete _____ Date: _____

Signature of Parent/Guardian (if under age 18): _____ Date: _____

