



SUNDAY, MARCH 29, 2020
5K YOUR WAY RUN/WALK*

DO IT "YOUR WAY!"

Join us and complete our 5K course "Your Way" (run or walk) to support Epilepsy Services of Southwest Florida. Your participation and contributions help us to continue to empower our patients with self-management in order to live as close to a normal life as possible. [Register online at runsignup.com](https://runsignup.com)

***One mile walk added to our course!!**

To Volunteer* or for more information,
contact Barbara Coleman at Epilepsy Services of Southwest Florida:
bcoleman@esswfl.org or call (941) 953-5988

***YOUR HELP IS NEEDED!**

**ALL PARTICIPANTS
RECEIVE A T-SHIRT
& FINISHERS
RECEIVE A CUSTOM
FINISHER MEDAL**

**SANCTIONED BY THE
MANASOTA TRACK
CLUB AND CHIP
TIMED**

**AWARDS FOR TOP
FINISHERS AND
6-DEEP IN EACH
5-YEAR AGE GROUP,
MALE AND FEMALE**

**POST RACE PARTY
WITH FREE
REFRESHMENTS**

**TWIN LAKES
PARK**

**6700 Clark Rd.
Sarasota, FL**

**34241
(½ mile east of
I-75, Exit 205)**

**March 29, 2020
8:00 AM**



Southwest Florida

Epilepsy Awareness 5K Run/Walk

Sunday, March 29, 2020 8:00 am

Twin Lakes Park, 6700 Clark Rd., Sarasota, FL 34241

GENERAL REGISTRATION FORM

Name _____

Street Address _____

City _____ State _____ Zip _____

Home Phone _____ Mobile _____

Email Address _____

Age on Race Day: _____ Birthdate: _____ Gender: _____

5K- Adult \$30 (t-shirt, finisher medal and parking included with registration)

5k-Child \$15 (under 14) (t-shirt and finisher medal included with registration)

1 Mile-Adult & Child \$20 (t-shirt, finisher medal and parking included with registration)

T-Shirt Size (T-Shirts not guaranteed if registering after March 15, 2020)

Youth Medium (10-12) | Adult Small | Adult Medium | Adult Large

Adult Extra Large | Adult 2X

I want to order an **Additional** T-shirt for \$10 Size _____

Total Amount \$ _____

Additional Donation for Epilepsy Services of Southwest Florida \$ _____

Participant Waiver

I, for myself, my heirs and personal representatives, waive all rights and claims for damages and injury that may occur as a result of my participation in the Southwest Florida Epilepsy Awareness Walk. I attest that I am physically fit and have sufficiently trained to participate in this event. Further, I hereby release Sarasota County, Epilepsy Services of Southwest Florida, all sponsors and their representatives from any and all claims of damages, demands, actions whatsoever in any manner as a result arising from my participation in said race. I agree to allow my name and picture to be used in coverage of this event for legitimate purposes. I understand that my registration fee is non-refundable.

Signature of Participant or Guardian if Under 18

Date

Please complete this registration form and mail it with a check made payable to: Epilepsy Services of SW Florida

Epilepsy Services of Southwest Florida

Glasser-Schoenbaum Human Services Center

1750 17th Street, Building I-2

Sarasota, FL 34234

OR

Contact Barbara Coleman at (941) 953-5988 for more information.